

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



TROUVAILLE

# October 2021 Activity Calendar

Location: *Cypress* / *Azalea* / *Patio* / *Outing*

1

9:30 / 10:15 Chime Choir w/Emily  
9:30 / 10:15 YouTube Church  
1:00 Devotions with Nancy  
1:00 Name-that-Tune w/Emily  
2:00 Happy Hour & Music Bingo  
3:30 Piano with Emily  
6:00 / 6:00 Cookie Decorating & Trivia Games

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9:30 / 10:30 Music with Raina  
9:30 / 10:30 News & Trivia  
1:00 Parachute Fun and Games  
3:00 / 3:00 Manicures & Massage  
4:30 Rosary w/Ann in Sunroom  
6:00 Campfire S'mores and Stories with Ann

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9:00 / 9:00 Livestream Westwood Church Service  
10:30 / 10:30 Exercise/Balloons  
1:00 Travel Tour with Ann: Redwood National Park  
2:00 Patio Games with Ann  
5:45 / 6:30 Violin Music with Ann

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9:30 / 10:15 Music Pictionary  
10:15 / 9:30 Exercise and News  
1:00 / 2:00 Reverie Harp w/Emily  
1:00 Baker's Club: Maple Cookies  
3:00 Shake Loose-a-Memory Game with Ann  
3:00 Music Word Games w/Emily  
6:00 / 6:00 Hymn Sing Along

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9:30 / 10:15 Balloon Toss  
10:15 / 9:30 Exercise and News  
1:30 Patio Music and Games  
3:00 Watercoloring with Ann  
6:00 / 6:00 Bean Bag Toss Games

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9:30 Scenic Fall Drive with Ann  
9:30 / 10:15 Music/Reminiscing  
10:15 / 9:30 Exercise and News  
1:00 Hapi Drums w/Emily  
1:00 Baker's Club: Muffins  
2:00 Candy Corn Door Hanging  
3:30 Choir Rehearsal w/Emily  
6:00 Devotions with Natalie

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9:30 / 10:15 Musical Jigsaw Puzzle  
9:30 Exercise and News  
10:30 Catholic Mass in Sunroom  
1:15 Scarecrow-Making Project with Ann & Emily  
3:00 Name-that-Tune w/Emily  
3:00 Watercoloring with Ann  
6:00 Piano with Tyler

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9:30 / 10:15 Chime Choir w/Emily  
9:30 / 10:15 YouTube Church  
1:00 Devotions with Nancy  
1:00 Name-that-Tune w/Emily  
2:00 Happy Hour & Music Bingo  
3:30 Piano with Emily  
6:00 / 6:00 Cookie Decorating & Trivia Games

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9:30 / 9:30 Beach Ball Toss  
10:00 / 10:00 News & Trivia  
1:00 Fall Craft  
3:00 Piano with Lydia  
5:45 / 6:30 Autumn Poetry

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9:00 / 9:00 Livestream Westwood Church Service  
10:30 / 10:30 Exercise/Balloons  
1:00 / 2:00 Word Games & Trivia  
3:00 Patio Relaxation  
5:45 / 6:30 Fireside Chats

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9:30 / 10:15 String-the-Song Title  
10:15 / 9:30 Exercise and News  
1:00 / 2:00 Reverie Harp w/Emily  
1:00 Baker's Club: Pumpkin Bread  
3:00 Coloring and Puzzles  
3:00 Music Word Games w/Emily  
6:00 / 6:00 Hymn Sing Along

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9:30/10:15 Bell Choir/Instruments  
10:15 / 9:30 Exercise and News  
1:00 Devotions with Terri  
1:00 / 3:00 Piano Music w/Emily  
1:00 Arboretum Outing with Ann  
2:00 Literary Group with Emily  
6:15 Curtis & Loretta Music Performance

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9:30 Songwriting Project w/Emily  
10:15 Music Word Games  
10:15 / 9:30 Exercise and News  
1:00 Hapi Drums w/Emily  
1:00 Baker's Club: Pinwheels  
2:00 Leaf Critter Art w/Ann and Emily  
3:30 Choir Rehearsal w/Emily  
6:00 Devotions with Natalie  
6:00 *Family Support Group*

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9:30 / 10:15 Balloon Games  
10:15 / 9:30 Exercise and News  
1:30 Western Hoedown Celebration with Ann  
3:00 Watercoloring with Ann  
6:00 Parachute Games and Evening Exercise

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9:30 / 10:15 Exercise and News  
9:30 / 10:15 YouTube Church  
1:00 Devotions with Nancy  
1:00 Fall Coloring & Puzzles  
2:00 Happy Hour & Games  
6:00 / 6:00 Cookie Decorating & Trivia Games

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9:30 / 9:30 Beach Ball Toss  
10:00 / 10:00 News & Trivia  
2:00 Oktoberfest Celebration with Ann  
3:00 Bill Koncar Accordion Performance  
6:00 Grimm Fairy Tales w/Ann

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9:00 / 9:00 Livestream Westwood Church Service  
10:30 / 10:30 Exercise/Balloons  
1:00 / 2:00 Fall Craft with Ann  
3:00 Hot Cider & Chats  
5:45 / 6:30 Violin Music with Ann

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9:30 / 10:15 Music Decades Game  
10:15 / 9:30 Exercise and News  
1:00 / 2:00 Reverie Harp w/Emily  
1:00 Baker's Club: Homemade Applesauce  
3:00 Watercoloring with Ann  
3:00 Music Word Games w/Emily  
6:15 Allen Carlson Music

19 **HAPPY BIRTHDAY, RAY!**

9:30/10:15 Bell Choir/Instruments  
10:15 / 9:30 Exercise and News  
1:30 Sandwich Project Volunteer Sandwich-Making  
3:00 Lutheran Church Service  
3:00 Shake Loose-a-Memory Game with Ann  
3:30 Piano Music with Emily  
6:00 / 6:00 Bean Bag Toss Games

20 **HAPPY BIRTHDAY, BARB!**

9:30 Sandwich Drop-Off Outing  
9:30 / 10:15 Music/Reminiscing  
10:15 / 9:30 Exercise and News  
1:00 Hapi Drums w/Emily  
1:00 Making Trick-or-Treat Bags  
2:30 October Birthday Bash  
3:00 Pumpkin Decorating  
4:00 Piano Music with Emily  
6:00 Devotions with Natalie

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9:30 / 10:15 Musical Bulls-Eye  
10:15 / 9:30 Exercise and News  
1:30 Celebration of Life  
3:00 Name-that-Tune w/Emily  
3:00 Quilting Craft with Ann  
6:00 Piano with Tyler

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9:30 / 10:15 Chime Choir w/Emily  
9:30 / 10:15 YouTube Church  
1:00 Devotions with Nancy  
1:00 Name-that-Tune w/Emily  
2:00 Happy Hour & Music Bingo  
3:30 Piano with Emily  
6:00 / 6:00 Cookie Decorating & Trivia Games

23 **HAPPY BIRTHDAY, MARY N!**

9:30 / 9:30 Beach Ball Toss  
10:00 / 10:00 News & Trivia  
1:00 Fall Craft  
3:00 Loren Wolfe Music Performance  
5:45 / 6:30 Stretches and Stories

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9:00 / 9:00 Livestream Westwood Church Service  
10:30 / 10:30 Exercise/Balloons  
1:00 / 2:00 Word Games & Trivia  
6:00 Grimm Fairy Tales

31 **HAPPY HALLOWEEN!**

9:00 / 9:00 Livestream Westwood Church Service  
10:30 / 10:30 Exercise/Balloons  
1:00 / 2:00 Halloween Craft  
5:45 / 6:30 Evening Exercise & Word Games with Ann

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9:30 / 10:15 Guess-the-Lyric  
10:15 / 9:30 Exercise and News  
1:00 / 2:00 Reverie Harp w/Emily  
1:00 Baker's Club: Cranberry Bread  
3:00 Watercoloring with Ann  
3:00 Music Word Games w/Emily  
6:00 / 6:00 Hymn Sing Along

26 **STAFF PUMPKIN CONTEST!**

9:30/10:15 Bell Choir/Instruments  
10:15 / 9:30 Exercise and News  
1:00 Devotions with Terri  
1:00 / 3:30 Piano Music w/Emily  
1:30 Staff Pumpkin Carving  
3:00 Resident Pumpkin Voting & Halloween Trivia  
4:00 Literary Group with Emily  
6:00 Carver Historical Society Presentation--Cookbook History

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9:30 Songwriting Project w/Emily  
10:15 Music Word Games  
10:15 / 9:30 Exercise and News  
1:00 Hapi Drums w/Emily  
1:00 Halloween Cut-Out Cookies  
2:00 Holiday Mason Jar Project with Ann & Emily  
3:30 Choir Rehearsal w/Emily  
6:00 Devotions with Natalie

28 **STAFF COSTUME DAY!**

9:30 / 10:15 Finish-the-Lyric  
10:15 / 9:30 Exercise and News  
1:30 Resident Halloween Party & Pumpkin Carving  
3:30 Name-that-Tune w/Emily  
3:30 Watercoloring with Ann  
6:00 Parachute Games and Evening Exercise

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9:30 Game Stations with Southwest Christian High School Volunteers  
11:00 Bible Study with SWCHS Volunteers  
1:00 Devotions with Nancy  
1:00 Name-that-Tune w/Emily  
2:00 Happy Hour & Music Bingo  
3:30 Piano with Emily  
6:00 / 6:00 Cookie Decorating & Trivia Games

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9:30 / 10:30 Music with Raina  
9:30 / 10:30 News & Trivia  
2:30 Family Halloween Trick-or-Treat Party  
6:00 Grimm Fairy Tales w/Ann